

American Psychiatric Association (APA)

<p>Association Membership</p>	<p>The APA’s membership totals over 38,500 (including international members) psychiatrists involved in practice, research, and academia.</p>
<p>Key Assets Promoting Practice Transformation</p>	<p>The APA has focused its efforts to transform practice on behavioral health integration, promoting the Collaborative Care Model (CoCM) as a pathway to achieve patient and family-centered care. CoCM encourages the use of team-based behavioral health care that places the patient and their families at the center of their own treatment.</p> <p>In the CoCM, the care team is led by a primary care provider (PCP) and includes a behavioral health care manager and consulting psychiatrist. The team implements an evidence-based, measurement-guided care plan and focuses particular attention on patients not meeting their clinical goals. The CoCM is an evidence-based model with demonstrated results in improving health outcomes, improving provider and patient satisfaction, increasing access to mental health care, and reducing the total cost of care.</p>
<p>Bringing Transformation to Professional Sector</p>	<p>APA is spreading the CoCM broadly to its psychiatrist members, primary care providers, and other mental health professionals through their in-person and online trainings. Additionally, the APA offers free online learning modules, educational resources and toolkits, office hours, and technical assistance to practices implementing the CoCM model.</p> <p>APA is on pace to meet its goal of training 3,500 psychiatrists, as well as primary care providers and behavioral health care managers, in CoCM. As a result of the trainings, APA estimates that 2,087 psychiatrists are providing consult services to 32,761 primary care providers on an estimated caseload of more than 2.1 million patients.</p>
<p>Supporting PTNs and Other Partners</p>	<p>APA provided CoCM training and resources to eleven PTNs – two of which received additional technical assistance and support with implementing the CoCM at practices. In addition, APA has partnerships with four additional organizations to provide training, technical assistance, and in-depth support to 22 primary care practices on implementation of the CoCM. Across these partnerships, participating primary care practices report improvement on depression and anxiety remission for those patients enrolled in the model.</p>

<p>Supporting Movement to Value-based Care</p>	<p>APA created a web-based Payment Reform Toolkit to help psychiatrists navigate Medicare payment reform. The toolkit includes an overview of the Quality Payment Program, webinars, and information on MACRA APMs. In addition, APA and the AIMS Center – in partnership with the Institute for Family Health - created a financial modeling workbook tool to help practices interested in implementing the CoCM estimate their visit volume and the number of patients served, key staff time spent on Collaborative Care tasks, and estimate fee-for-service and CoCM CPT code potential revenues. The APA will continue to work with members, experts, and partners to promote the creation of an APM specifically for behavioral health and will continue to promote and encourage the use of qualified clinical data registries, like APA’s PsychPRO.</p>
<p>Promoting Exemplary Practice</p>	<p>APA defines exemplary practice as any practice that has made meaningful gains in behavioral health using an evidence-based model of care, like the CoCM, that increases access to – and delivers – psychiatric care to a whole population by leveraging psychiatric expertise. APA promotes their core guiding principles, delivered in the CoCM, which include a team-based, population-focused, and patient-centered approach to care.</p>
<p>Web Resources</p>	<ul style="list-style-type: none"> • Payment Reform Toolkit • Financial Modeling Workbook • PsychPRO Mental Health Registry • Integrated Care • Practice Management HelpLine • Medical Mind Podcast • Wellbeing and Burnout Resources • Making the Case: Medicaid Payment for the CoCM • Collaborative Care Model • Collaborative Care Model – Training • Collaborative Care Model - Implementation • Collaborative Care Model - Payment
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<p>Publications</p>	<p>See list of publications.</p>