

Medicare Diabetes Prevention Program (MDPP)

Opportunity for Medicare Shared Savings Program ACOs (MSSP ACOs) to Get Involved

What is the Medicare Diabetes Prevention Program?

The [Medicare Diabetes Prevention Program \(MDPP\)](#) expanded model is a behavior change intervention that was expanded from a model tested through the CMS Innovation Center's Health Care Innovation Awards of the Diabetes Prevention Program. MDPP aims to prevent the onset of type 2 diabetes among at-risk Medicare beneficiaries through practical training in long-term dietary change, increased physical activity, and behavior change strategies for weight loss. A Medicare-funded model test¹ of the National DPP showed that **participation in the program reduced per person spending and improved participant health.**

What are the benefits?

Payment, savings, and quality

 **Payment for Medicare covered preventive service:** MDPP's performance-based payment structure MDPP suppliers for furnishing MDPP services.

 **Alignment with ACO goals and quality measures:** MDPP aligns with ACO goals by reaching a high-risk population, promoting healthier behaviors, and promoting cost-savings through value-based care.

How does this support ACO goals?

Community and individual impact

- **Reach a population** with low average awareness of prediabetes.
- **Empower high-risk individuals** in their own wellness.
- **Reduce risk** of type 2 diabetes among Medicare beneficiaries.
- **Achieve cost savings through** value-based care.

Want to get involved?

1. Educate patients and providers on prediabetes and available preventive services.



Promote awareness of prediabetes and prevention. Encourage ACO providers to educate at-risk patients about prediabetes and lifestyle changes to improve health.



Screen, test, and refer patients. Help determine eligibility by screening Medicare patients for prediabetes. Refer eligible patients to local suppliers with the [Supplier Map](#).

2. Become an MDPP supplier and/or partner with nearby organizations to grow MDPP's reach and impact.



Enroll as an MDPP supplier to furnish MDPP services. Note that your organization must first obtain preliminary or full [CDC Diabetes Prevention Recognition Program \(DPRP\) recognition](#) before enrolling in MDPP.



Partner with a National DPP organization. Explore partnership opportunities with CDC DPRP recognized organizations in your catchment areas. They can be found using [CDC's Registry of Recognized Organizations](#).

¹To read more about the Medicare-funded DPP model test, visit the [Evaluation of the Health Care Innovation Awards Third Annual Report](#). For more information, visit <http://go.cms.gov/mdpp> and email mdpp@cms.hhs.gov to join the MDPP listserv.