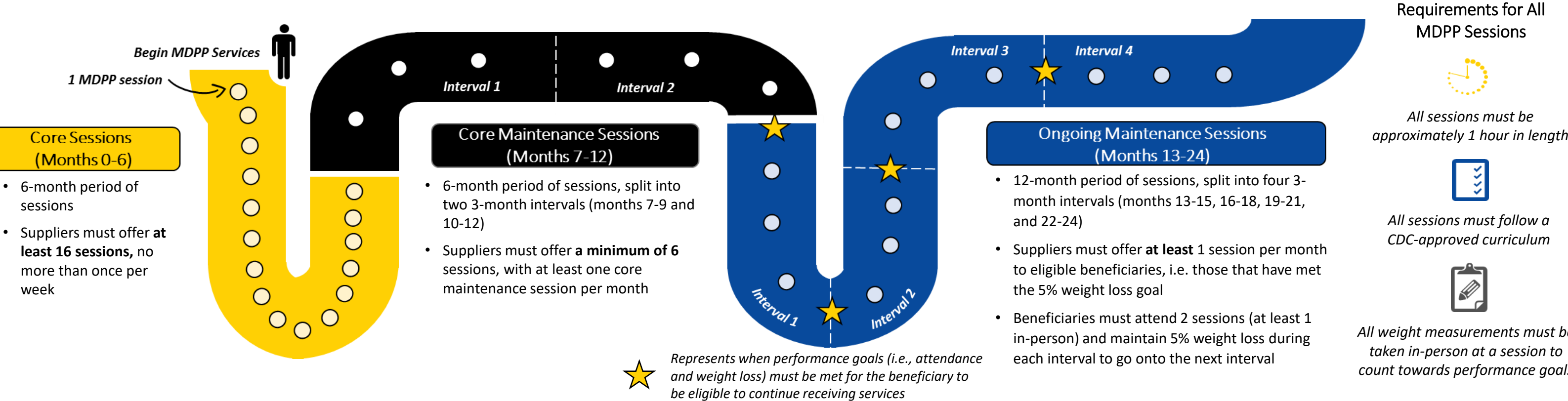


# Medicare Diabetes Prevention Program (MDPP)

## Sessions Journey Map

MDPP services are **structured health behavior change sessions aimed at lowering the risk of type 2 diabetes in Medicare beneficiaries with prediabetes**. These sessions promote weight loss through healthy eating and physical activity. This journey map is intended to help MDPP suppliers understand the different session types, session sequencing, and important information to keep in mind when furnishing sessions.



**WHAT IF A BENEFICIARY MISSES A SESSION?**

**Suppliers may offer make-up sessions (in-person or virtually) to any beneficiary who missed a regularly scheduled session.** A make-up session must address the same topic as the regularly scheduled session. Any virtual make-up sessions must follow the CDC’s DPRP standards. Suppliers are not required to offer make-up sessions.

**For all make-up sessions, suppliers may offer:**

- A maximum of 1 make-up session per week
- A maximum of 1 make-up session on the same day as the regularly scheduled session

**For virtual make-up sessions, suppliers may offer:**

- A maximum of 4 sessions during the first 12 months, of which no more than 2 may be during core maintenance sessions
- A maximum of 3 sessions during ongoing maintenance sessions

### ACTIVITIES BEFORE A SESSION

- For each interested MDPP beneficiary:
  - Determine whether he/she receives Medicare Part B coverage via Fee-for-Service (FFS) Medicare or Medicare Advantage (MA)
  - Determine beneficiary eligibility
  - Disclose required information about the set of MDPP services before the first core session

### ACTIVITIES DURING A SESSION

- Follow MDPP recordkeeping requirements for each session
- Collect session-level data consistent with CDC DPRP standards (including session-level data for ongoing maintenance sessions as required by CMS)
- If applicable, document any beneficiary engagement items provided to beneficiaries

### ACTIVITIES AFTER A SESSION

- Submit claims to the Medicare Administrative Contractors for FFS Medicare beneficiaries when a performance goal is met or there is an eligible bridge payment
- Submit encounter data to the MA plan for MA beneficiaries for payment
- Maintain CMS/CDC beneficiary identifiers crosswalk for quarterly submission to CMS

Need more information?



Visit: <http://go.cms.gov/mdpp>



Email: [mdpp@cms.hhs.gov](mailto:mdpp@cms.hhs.gov)

