

# CARE MANAGEMENT FOR HIGH COST DEMONSTRATION

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## HEALTH BUDDY FACT SHEET

Updated 2/5/09

<b>Demonstration Overview</b>	<ul style="list-style-type: none"> <li>• This three year demonstration tests provider-based intensive care management services as a way to improve quality of care and reduce costs for fee-for-service beneficiaries who have one or more chronic diseases and generally incur high Medicare costs.</li> </ul>
<b>Health Hero Network “Health Buddy”</b>	<ul style="list-style-type: none"> <li>• Three year Medicare fee-for-service population model demonstration approved for the period February 1, 2006 through January 31, 2009</li> <li>• Demonstration Authority: Section 402 of Public Law 90-248, as amended (42 U.S.C. 1395b-1)</li> <li>• Three year extension approved, subject to annual renewals beginning February 1, 2009</li> </ul>
<b>Geographic Area</b>	<ul style="list-style-type: none"> <li>• <b>Oregon:</b> Deschutes, Jefferson, Crook, Lake, and Harney;</li> <li>• <b>Washington:</b> Chelan, Grant, Okanogan, and Douglas</li> <li>• Currently 540 participating beneficiaries (January, 2009)</li> </ul>
<b>Projected Enrollment</b>	<ul style="list-style-type: none"> <li>• 3,200</li> </ul>
<b>Disease Management Benefit</b>	<ul style="list-style-type: none"> <li>• Designed to create and reinforce a new relationship between physicians and their patients that is continuous and preventive.</li> <li>• Uses a technology platform, the Health Buddy system. Patients receive a Health Buddy appliance to use in their home that coaches them about their health, collects vital signs and symptoms, and transmits (telephonically) risk-stratified results back to multi-specialty medical groups who monitor beneficiaries’ health knowledge, behavior, and symptoms.</li> <li>• Care managers, nurses, and physicians use risk-stratified information provided via the Health Buddy system to identify problems early and ensure patients stay healthy.</li> <li>• <b>Physician Communication:</b> Physicians in the multi-specialty medical/physician groups work with patients to monitor their health, coordinate their care, and prevent further illness complications. The American Medical Group Association is also a member of the consortium on this project working with Health Hero Network, a leading home health monitoring technology company that created the Health Buddy system. The program includes the use of the Health Buddy appliance, a secure database, and a patient-management interface for clinicians.</li> </ul>
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